



Patient & Family Guide to Durango

On behalf of the staff and physicians at Animas Surgical Hospital, we would like to welcome you to Durango and express our commitment to providing exceptional, safe patient care and compassionate service to all our patients and their families. Thank you for choosing Animas Surgical Hospital for your healthcare needs.

Animas Surgical Hospital is Durango's premier medical facility, offering patient-focused, personalized care in an intimate environment. As a physician-owned facility, our experienced surgeons are able to advocate for new technology and procedures and are backed by a patient-to-nurse ratio of 3:1. At Animas Surgical Hospital, you can be confident that you'll receive quality, compassionate care.

Durango is located in southwestern Colorado and features a variety of lodging, dining, cultural, and recreation options for you and your family. This guide is intended to give you a brief overview of the Durango community. For more information, please visit the Durango Area Tourism Office at www. durango.org or call 970-247-3500.









Regional Map Courtesy www.durango.org

Getting Here

By Car:

Durango is easily accessible by car. Several major U.S. and state highways approach the city from every direction and make up the scenic San Juan Skyway surrounding Durango.

Drive Times to Durango

- Moab, UT: 165 miles; 3 hours
- Albuquerque, NM: 220 miles; 3.5 hours
- Flagstaff, AZ: 316 miles; 6 hours
- Colorado Springs, CO: 319 miles; 6 hours
- Denver, CO: 342 miles; 6.5
- Salt Lake City, UT: 399 miles; 7 hours
 - Phoenix, AZ: 461 miles; 8 hours

By Plane:

Durango-La Plata Airport is a full-service regional airport with more than a dozen daily flights to Denver International Airport, Phoenix Sky Harbor International Airport, and Dallas/Fort Worth International Airport, as well as seasonal flights to Los Angeles International Airport, Chicago O'Hare International Airport, and Houston George Bush Intercontinental Airport.

By Bus:

Greyhound and Road Runner bus lines service Durango. Routes are available from Grand Junction, Denver, and more.

Geography and Climate

Durango sits at 6,512 feet above sea level. The Durango climate is mild and moderate, with typical summer daytime highs in the 80s and nighttime lows in the 50s. Come prepared with light layers in summer and warm layers in winter.

Accommodations

The following hotels offer discounts for Animas Surgical Hospital patients and their families:

- Best Western: 10% off. Excludes holidays. (970) 247-3251
- Comfort Inn and Suites: 15% off. (970) 259-7900
- Doubletree: \$99 standard rate. (970) 259-6580
- Hampton Inn: 15-20% off. Discount varies depending upon date. Call to negotiate. (970) 247-2600
- La Quinta: 15% off. (970) 259-8400
- Econo Lodge: 15% off. (970) 247-4242

Note: Discounts are subject to change. Please contact the hotel directly for the most up-to-date promotions.

Getting Around Durango

Lyft and Uber services are now available.

Rental Cars:

National Car Rental - 970-259-0068 Alamo - 970-247-3944 Avis Rent-a-Car - 970-375-7831 Hertz - 970-247-5288

Taxi Services:

Durango Cab - 970-259-4818 Animas Transportation - 970-259-1315

Public Transportation:

Durango Transit Center - 970-259-5438 http://www.durangogov.org/350/Transit-Center

Things to Do In and Around Durango

Durango offers a wide variety of activities for you and your family to experience during your stay. Whether you enjoy hiking, mountain biking, skiing, rafting, shopping, or exploring historic sites, Durango has something to keep your family entertained before your surgery or while you recover in one of our private in-patient suites.

Durango Silverton Narrow Gauge Railroad: Climb aboard this historic steam-engine train and enjoy a leisurely trip through the peaks and canyons of the San Juan mountains.

Historic Downtown Durango: Take a walk through historic Main Avenue and explore eclectic shops, art galleries, and delicious restaurants.

Animas River Trail: Start your walk at Animas Surgical Hospital and follow this paved trail along the Animas River through downtown Durango.

Purgatory Resort: Located just 30 minutes north of Durango, Purgatory Resort offers 92 ski and snowboard trails and 11 lifts. Other winter activities include tubing, dog-sledding, snowshoeing, Nordic skiing, and snowmobiling. In the summer, enjoy mountain biking, hiking, and a kid-friendly obstacle course.

Mesa Verde National Park: Take a roadtrip west of Durango and retrace the ancient footsteps of the Ancestral Pueblo people, who once lived in these cliff dwellings.

For more ideas, visit the Durango Area Tourism Office website at www.durango.org.

Dining Near Animas Surgical Hospital

During your inpatient stay at Animas Surgical Hospital, you'll enjoy specially-catered meals. While we're unable to offer dining for your visitors, Durango has a variety of delicious restaurants nearby. The following options are within a 5-minute walk from Animas Surgical Hospital.

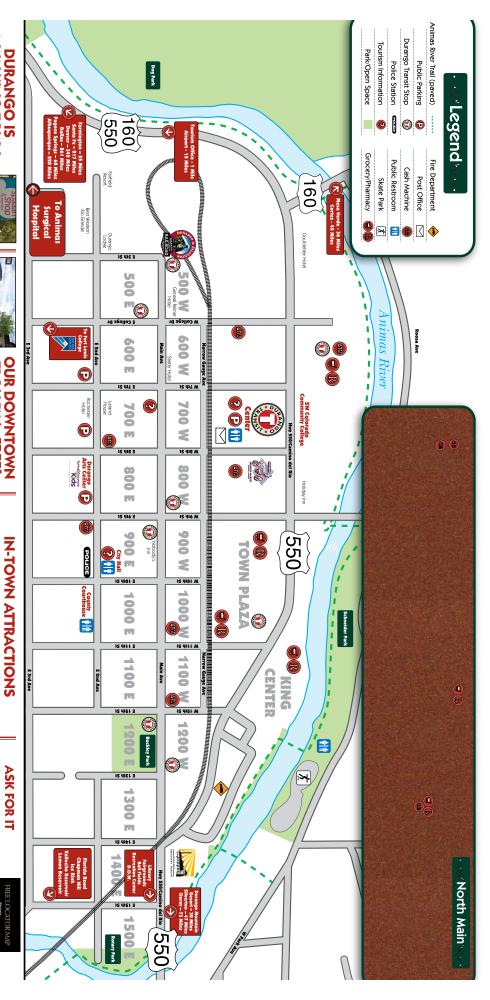
Singletrack Cafe: This coffee shop offers breakfast, espresso drinks, gourmet sandwiches, salads, and paleo-friendly dining options. Located in the office/apartment complex just north of Animas Surgical Hospital. Hours: Monday-Friday, 7am-3pm.

Rivergate Pharmacy: A small selection of snacks and lunch options. Located inside Animas Surgical Hospital. Hours: Monday 8am-6pm, Tuesday 8:30am-6pm, Wednesday, Thursday, Friday 8am-6pm, Saturday 8am-3pm. Closed Sunday.

Nature's Oasis: This natural foods grocery store is located across the Animas River and offers soups, salads, sandwiches, and hot meals. Hours: Monday-Saturday 8am-8pm, Sunday 8am-7pm.

Zia Taqueria: Custom-made burritos, quesadillas, taco bowls, salads, and other Mexican fare. This fast-food restaurant is located across the Animas River. Hours: 11am-9pm daily.

Hot Tomatoes: Fresh sandwiches, soups, and sides. Located across Highway 3, just west of Animas Surgical Hospital. Hours: Monday-Thursday 7am-2pm. Closed Friday-Sunday.



DURANGO IS

200 shops, restaurants & galleries are A WALKING TOWN within easy walking distance.



We're a bicycle friendly community with bike shops, bike racks, and bicycle paths all over town.

TWO-WHEEL IS OUR STYLE

WE'RE ONE OF AMERICA'S DOZEN DISTINCTIVE DESTINATIONS Dozen Distinctive Destinations: NATIONAL TRUST FOR HISTORIC PRESERVATION:

TROLLEY IS FREE!
Transit info and maps are available at the Transit Center.

Durango & Silverton Narrow Gauge Railroad

IN-TOWN ATTRACTIONS

Animas River sports and River Trail

Library & Recreation Center

Festivals & Events

Fairgrounds & Ball Fields

Playgrounds & Parks Theatres & Museums

ASK FOR IT

Locator Map. The FREE





800-463-8726

SW Colorado Community College. Home of Fort Lewis College and