

Your Roadmap for Total Joint Replacement



Animas Surgical Hospital
Personal care. Better results.



Deciding Your Surgical options

Initial appointment
with orthopedic surgeon



X-rays or other diagnostic imaging



Pre-operation consultation with orthopedic surgeon to discuss surgical options and **make a decision** regarding surgery

Surgical clearance from your primary care physician



Phone call from patient navigator to discuss surgery, recovery, and answer any questions you might still have

Total Joint Class at Animas Surgical Hospital



Pre-admissions testing at Animas Surgical Hospital, Suite 204



Preparing for Your Surgery

Purchase or rent orthopedic devices (e.g. crutches, walker, etc.)



Pre-op

You'll be prepped for surgery and meet with your surgeon and anesthesiologist



Surgery



Post-Anesthesia Care Unit (PACU)
You'll come out of anesthesia after your surgery

on the Day of Your Surgery



Inpatient Stay
Some total joint replacement patients spend 1-2 nights at Animas Surgical Hospital



Discharge

You'll be sent home or to a skilled nursing facility. (If you're having an outpatient procedure, this will happen on the day of your surgery.)



After Your Surgery

In the days/weeks/months following your surgery, you'll work with your surgeon, a physical therapist and/or home health service to ensure a quick and healthy recovery!