



Animas
Surgical Hospital
Personal care. Better results.



Pre-Surgery Class

Monday, _____

Shoulder Surgery Class: 8:30 AM - 10 AM

Spine Surgery Class: 9 AM - 10:30 AM

Joint Replacement Class: 9 AM - 10:30 AM

Pre-operative
education leads to
better outcomes,
less anxiety, and
increased safety!

You and a guest are invited to attend this 90-minute pre-surgical class about hip, knee, shoulder, foot/ankle, or spine orthopedic surgery. During this time, you'll learn what to expect before, during, and after surgery. You'll also learn how to size and use slings, walkers, crutches, and other assistive devices. Staff will be on-hand to answer questions about nutrition, pain management, physical therapy, and more. Classes are held in the Animas Surgical Hospital Patient Care Unit (PCU) at 575 Rivergate Lane Durango, CO.

If you are unable to attend, please call 970-385-2359.