



# Animas Surgical Hospital

575 Rivergate Lane  
Durango, Colorado 81301

## ASH Out-Patient Reminders

Dear Patient,

Your date of surgery is: \_\_\_\_\_.

Your tentative **ARRIVAL TIME** to ASH is: \_\_\_\_\_.

(NOTE: Arrival time is based on arriving at ASH one and a half hours prior to your scheduled surgery time.)

**Keep in mind your ARRIVAL TIME could change.**

**Please call Animas Surgical Hospital at (970) 385-2356 between 1:00 p.m. and 4:00 p.m. the day before your scheduled surgery date to confirm your time.**

(Call on Friday for Monday Surgeries)

### SOME IMPORTANT REMINDERS:

Unless you have been advised otherwise (by your surgeon or Animas Surgical Hospital), **DO NOT take any food or drink after midnight the day before surgery.** This includes water, gum and lozenges. Not following these instructions could cause your surgery to be canceled.

Please be at Animas Surgical Hospital at your confirmed **ARRIVAL** time.

Smoking is not allowed at Animas Surgical Hospital.

Do NOT drive yourself! **You must have someone who will be able to drive you home after surgery.** Remember to wear comfortable, easy to get on and off, loose-fitting clothing. Please make arrangements to have assistance at home for at least 24 hours following surgery.

Please bring a list of your medications and medication allergies on the day of surgery.

Please bring your health insurance cards on the day of surgery.

If you have an Advance Directive or Living Will, please bring it with you on the day of surgery.

Please do not wear any jewelry on the day of surgery. It is best to leave all valuables at home.

You must bring a parent or legal guardian if you are under the age of 18.

Bring a favorite toy or blanket for children having surgery.

If you have any questions or concerns about your scheduled visit, don't hesitate to call us at Animas Surgical Hospital at (970)-247-3537 between 7:00 a.m. and 4:00 p.m., Monday through Friday.

The Animas Surgical Hospital is dedicated to making your upcoming surgery as comfortable and smooth as possible. Your concerns and needs are important to us. Thank you for allowing us to serve you.

*The Staff at the Animas Surgical Hospital*